

The Message



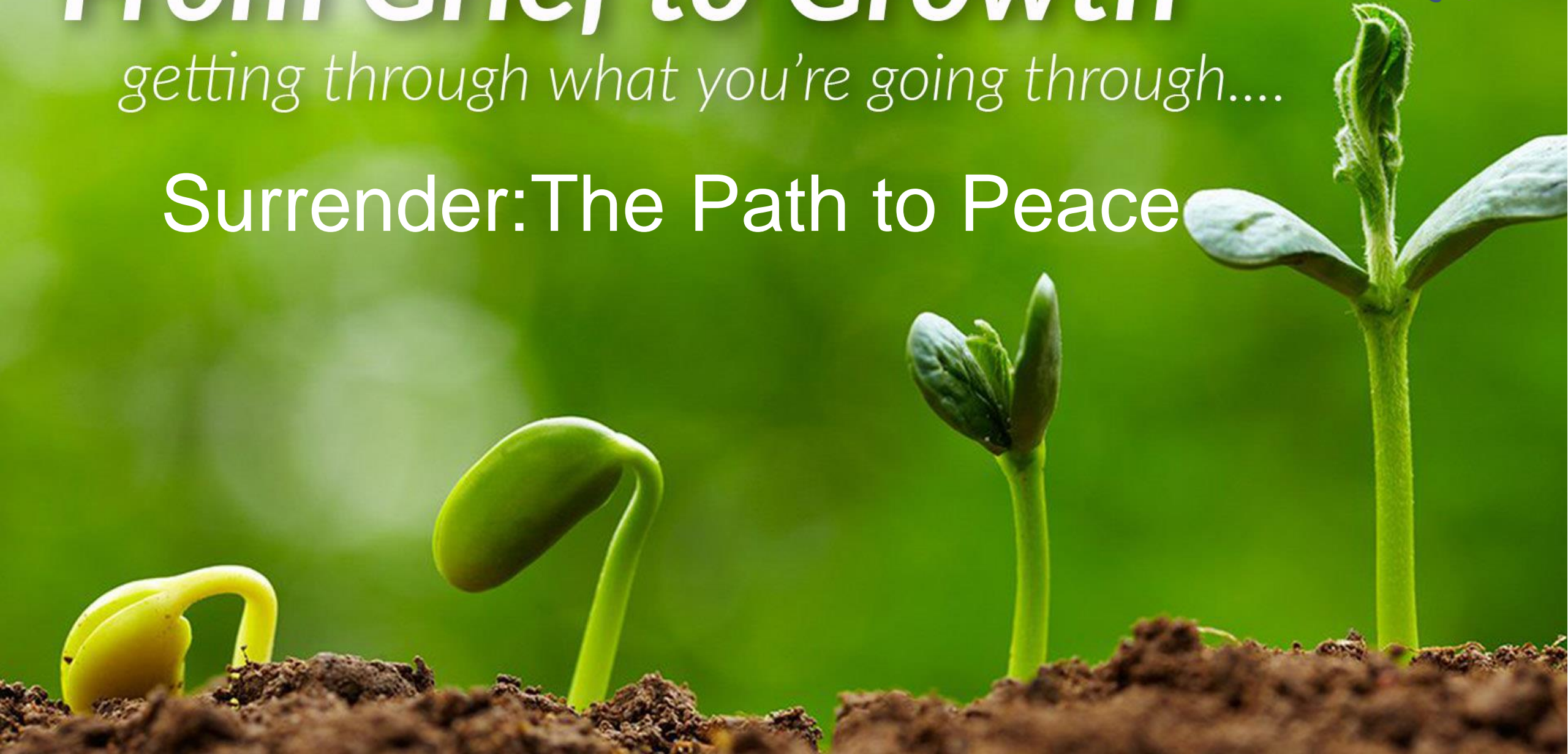
NewLife
CHURCH CRAWLEY

From Grief to Growth

NewLife
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getting through what you're going through....

Surrender: The Path to Peace



The question is not how can we
avoid pain but:

How do you *let go* of
the pain in your life?

When it comes down to it, you have three choices, you can
(1) let it **DESTROY** you;
(2) let it **DEFINE** you; or
(3) let it **DEVELOP** you.

So far in this series, we've looked at three stages of getting through what we go through –
SHOCK, SORROW, AND STRUGGLE.

IN SHOCK

- Cry out to God
- Let others help me
- Learn to lament in the Biblical way

IN SORROW

- You go through it, not around it
- List the losses I've never grieved
- Identify what I've really lost
- Ask Jesus to bring healing to you

IN STRUGGLE

- **Complain: Tell God what I think is unfair or painful**
- **Appeal to God's nature**
- **Remind God of His promises**
- **Express my total trust in God**

Key verse to consider:

“Everything written in the Scriptures was written to teach us, in order that we might have hope...”

Rom.15:4 (TEV)

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Activity Packs – Kerry



In order for pain to develop you, in order to find hope again, you must learn to walk the pathway of peace with Jesus.

It begins when we **SURRENDER.**

KERRY VIDEO CLIP, TALK & ACTIVITY PACK:



2 Samuel 12:16-24

“David begged God to spare the child. He went without food and lay all night on the bare ground. The leaders of the nation pleaded with him to get up and eat with them, but he refused. Then on the seventh day the baby died. David's advisers were afraid to tell him. ‘He was so broken up about the baby being sick,’ they said. ‘What will he do to himself when we tell him the child is dead?’ But when David saw them whispering, he realized what had happened. ‘Is the baby dead?’ he asked. ‘Yes,’ they replied.” 2 Sam. 12:16-19 (NLT)

STEPS OF SURRENDER

1. The first step in SURRENDER is to ACCEPT WHAT CAN'T BE CHANGED

“David said, ‘I fasted and wept while the child was alive, for I thought perhaps the Lord would be gracious and let the child live. But why should I fast when he is dead? Can I bring him back again?’”

2 Sam. 12:22-23 (NLT)

Romans 12:17-21

Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. On the contrary:

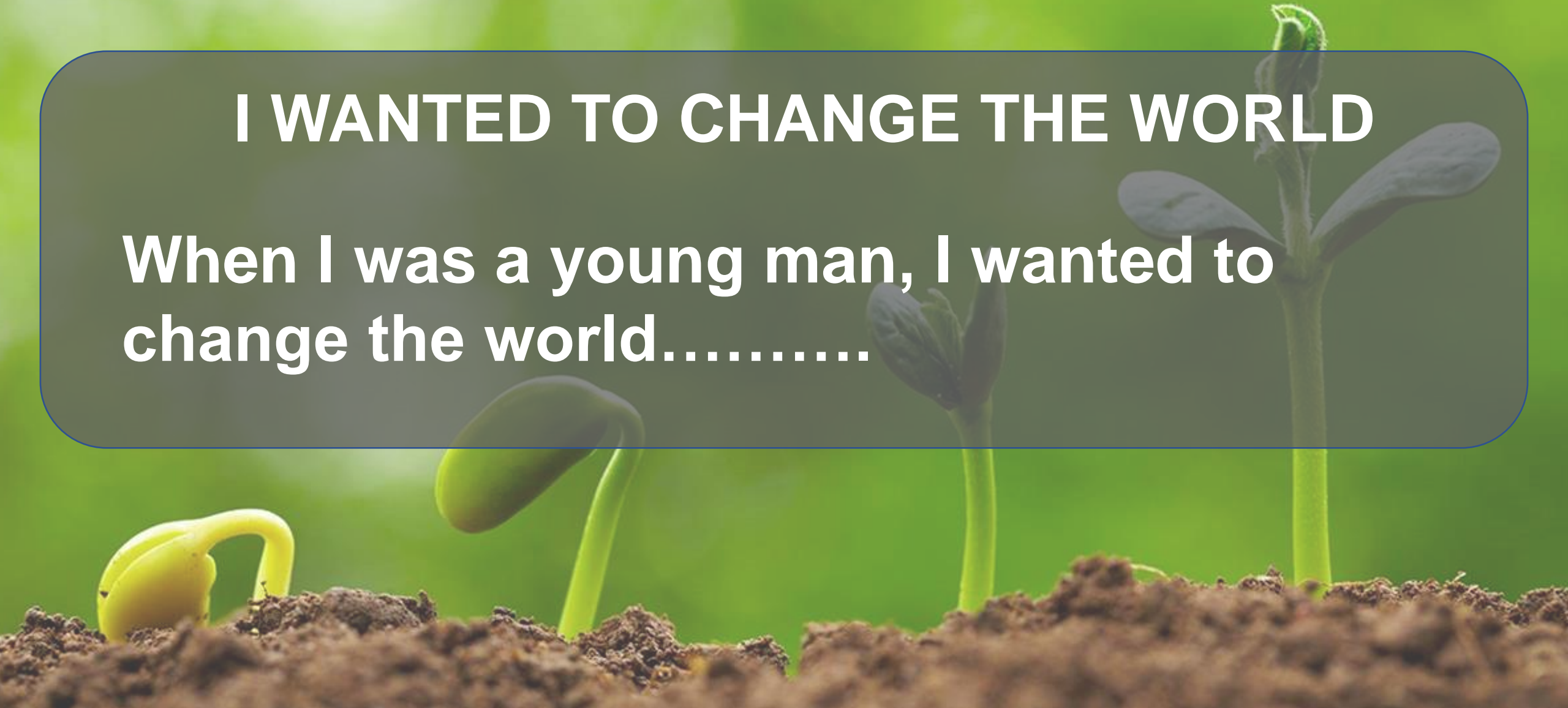
*"If your enemy is hungry, feed him;
if he is thirsty, give him something to drink.*

In doing this, you will heap burning coals on his head."

Do not be overcome by evil, but overcome evil with good.

I WANTED TO CHANGE THE WORLD

When I was a young man, I wanted to
change the world.....



I WANTED TO CHANGE THE WORLD

When I was a young man, I wanted to change the world.....

Now, as an old man, I realize the only thing I can change is **MYSELF**.

Author: Unknown Monk 1100 A.D.

CONCLUSION:

**So what can you do to accept
what can't be changed?**

How does God want us to respond?

1 Peter 2:23

The model of Jesus who.....
*“entrusted himself to God
who judges justly”*

1 Peter 2:23-25 - (The Message Version)

“This is the kind of life you’ve been invited into, the kind of life Christ lived. He suffered everything that came his way so you would know that it could be done, and also know how to do it, step-by-step. He never did one thing wrong, Not once said anything amiss. They called him every name in the book and he said nothing back. He suffered in silence, content to let God set things right. He used his servant body to carry our sins to the Cross so we could be rid of sin, free to live the right way. His wounds became your healing. You were lost sheep with no idea who you were or where you were going. Now you’re named and kept for good by the Shepherd of your souls.”

FOR PERSONAL REFLECTION

- *Did anything in the passage capture your attention?*
- *What stood out for you personally?*
- *What did you like about the passage?*
- *What does this passage tell us about God?*
- *What does this passage tell us about Man?*
- *What does this passage tell us about living to please God?*
- *What do you need to do to be obedient to this teaching?*