

The Message



NewLife
CHURCH CRAWLEY

From Grief to Growth

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getting through what you're going through....

Surrender: The Path to Peace



The question is not how can we
avoid pain but:

How do you *let go* of
the pain in your life?

When it comes down to it, you have three choices, you can
(1) *let it **DESTROY** you;*
(2) *let it **DEFINE** you; or*
(3) *let it **DEVELOP** you.*

2 Samuel 12:16-24 NLT

David begged God to spare the child. He went without food and lay all night on the bare ground. The elders of his household pleaded with him to get up and eat with them, but he refused. Then on the seventh day the child died. David's advisers were afraid to tell him. "He wouldn't listen to reason while the child was ill," they said. "What drastic thing will he do when we tell him the child is dead?"

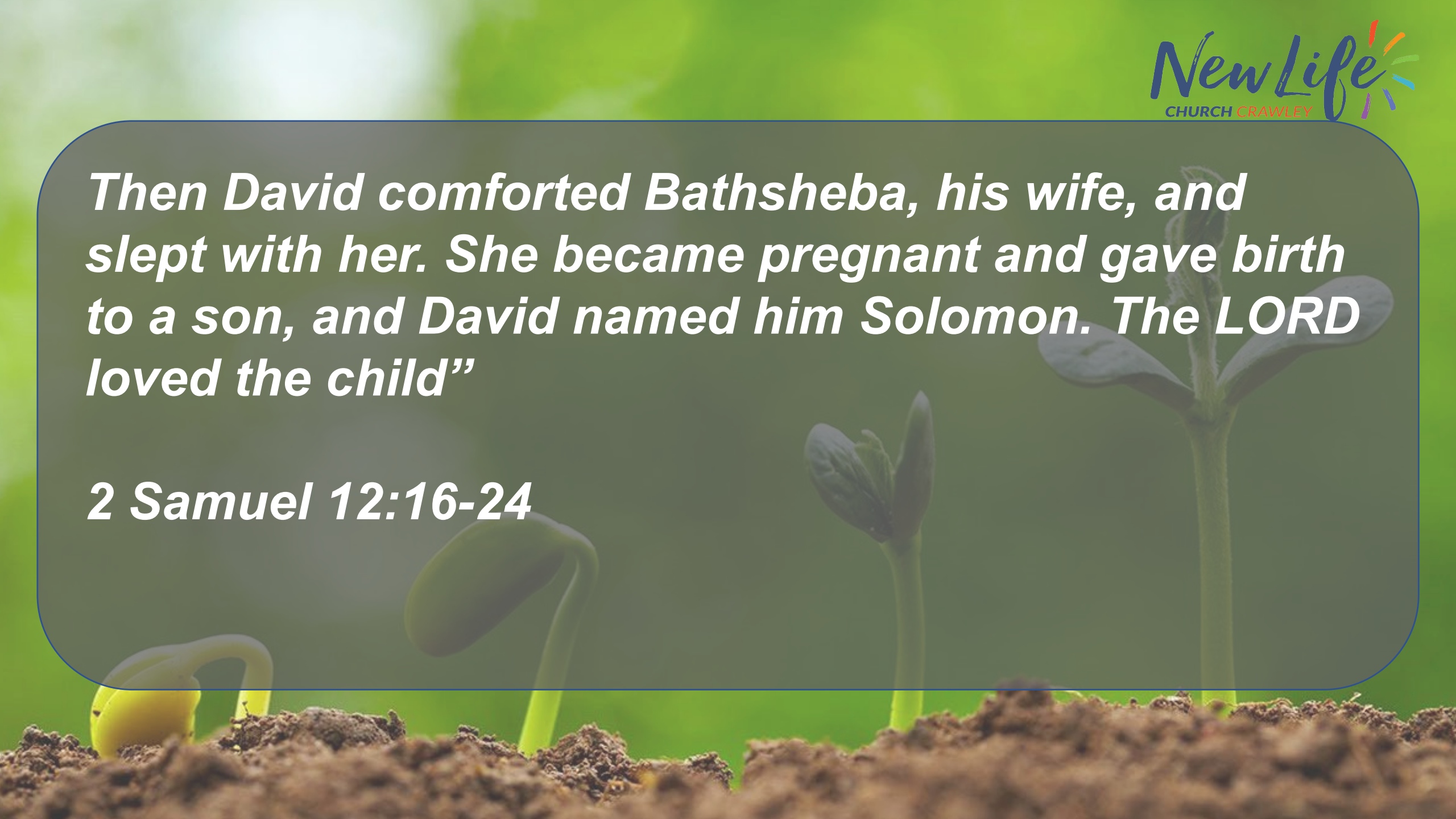
When David saw them whispering, he realized what had happened. “Is the child dead?” he asked. “Yes,” they replied, “he is dead.”

Then David got up from the ground, washed himself, put on lotions, and changed his clothes. He went to the Tabernacle and worshiped the LORD. After that, he returned to the palace and was served food and ate. His advisers were amazed.

“We don’t understand you,” they told him. “While the child was still living, you wept and refused to eat. But now that the child is dead, you have stopped your mourning and are eating again.” David replied, “I fasted and wept while the child was alive, for I said, ‘Perhaps the LORD will be gracious to me and let the child live.’ But why should I fast when he is dead? Can I bring him back again? I will go to him one day, but he cannot return to me.”

Then David comforted Bathsheba, his wife, and slept with her. She became pregnant and gave birth to a son, and David named him Solomon. The LORD loved the child”

2 Samuel 12:16-24



STEPS OF SURRENDER

**1. The first step in SURRENDER is to
ACCEPT WHAT CAN'T BE CHANGED**

**2. The second step in SURRENDER is to
LOOK TO THE FUTURE**

“I will go to him one day, but he cannot return to me.”
2 Sam. 12:23b

“My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand.”

John 10:27-28

1. The first step in SURRENDER is to ACCEPT WHAT CAN'T BE CHANGED
2. The second step in SURRENDER is to LOOK TO THE FUTURE
3. The third step in SURRENDER is to TAKE CARE OF YOURSELF

“Then David got up from the ground, washed himself, put on lotions, and changed his clothes.” 2 Sam. 12:20a

KERRY TALK & ACTIVITY



Psalm 23



**The Lord is my shepherd,
I shall not be in want.**

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PSALM 23:1

The background of the image is divided into two main horizontal sections. The top section is a vibrant green, filled with a repeating pattern of stylized, dark green leaves or grass blades pointing upwards. The bottom section is a deep blue, representing water, with several horizontal, wavy lines in a slightly lighter shade of blue. The text is overlaid on these sections in a clean, white, sans-serif font.

**He makes me lie down
in green pastures,**

**he leads me
beside quiet waters,
He restores my soul.**

PSALM 23:2



**He guides me in
paths of righteousness
for his name's sake.**

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PSALM 23:3

**Even though I walk
through the valley
of the shadow of death,
I will fear no evil,**

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PSALM 23:4

**for you are with me;
your rod and your staff,
they comfort me.**

BY RICHARD LYALL

PSALM 23:4

**You prepare a table
before me in the
presence of my enemies.**

PSALM 23:5



**You anoint my head with oil;
my cup overflows.**

PSALM 23:5

**Surely goodness and love
will follow me all the
days of my life,
and I will dwell in the
house of the LORD forever.**

PSALM 23:6

1. The first step in SURRENDER is to ACCEPT WHAT CAN'T BE CHANGED
2. The second step in SURRENDER is to LOOK TO THE FUTURE
3. The third step in SURRENDER is to TAKE CARE OF YOURSELF
4. The fourth step in SURRENDER is to MAKE GOD A PRIORITY

*"Then he went to the Tabernacle and worshiped the Lord."
2 Sam. 12:20b*

“I tried to understand all this, but it was too hard for me to see until I went to the Temple of God. Then I understood...”

Psalm 73:16-17(NCV)

5. The fifth step in SURRENDER is to LOVINGLY SHARE WITH OTHERS

“Then David comforted Bathsheba, his wife, and slept with her. She became pregnant and gave birth to a son, and they named him Solomon.” 2 Sam. 12:24

“We know what real love is because Christ gave up his life for us. So we also ought to give up our lives for our brothers and sisters.”
1 John 3:16 (NLT)

CONCLUSION:

Which of these steps of surrender is God asking you to take your next step in this next week?

- *TO ACCEPT WHAT CAN'T BE CHANGED*
- *TO LOOK TO THE FUTURE*
- *TO TAKE CARE OF YOURSELF*
- *TO MAKE GOD A PRIORITY*
- *TO LOVINGLY SHARE WITH OTHERS*