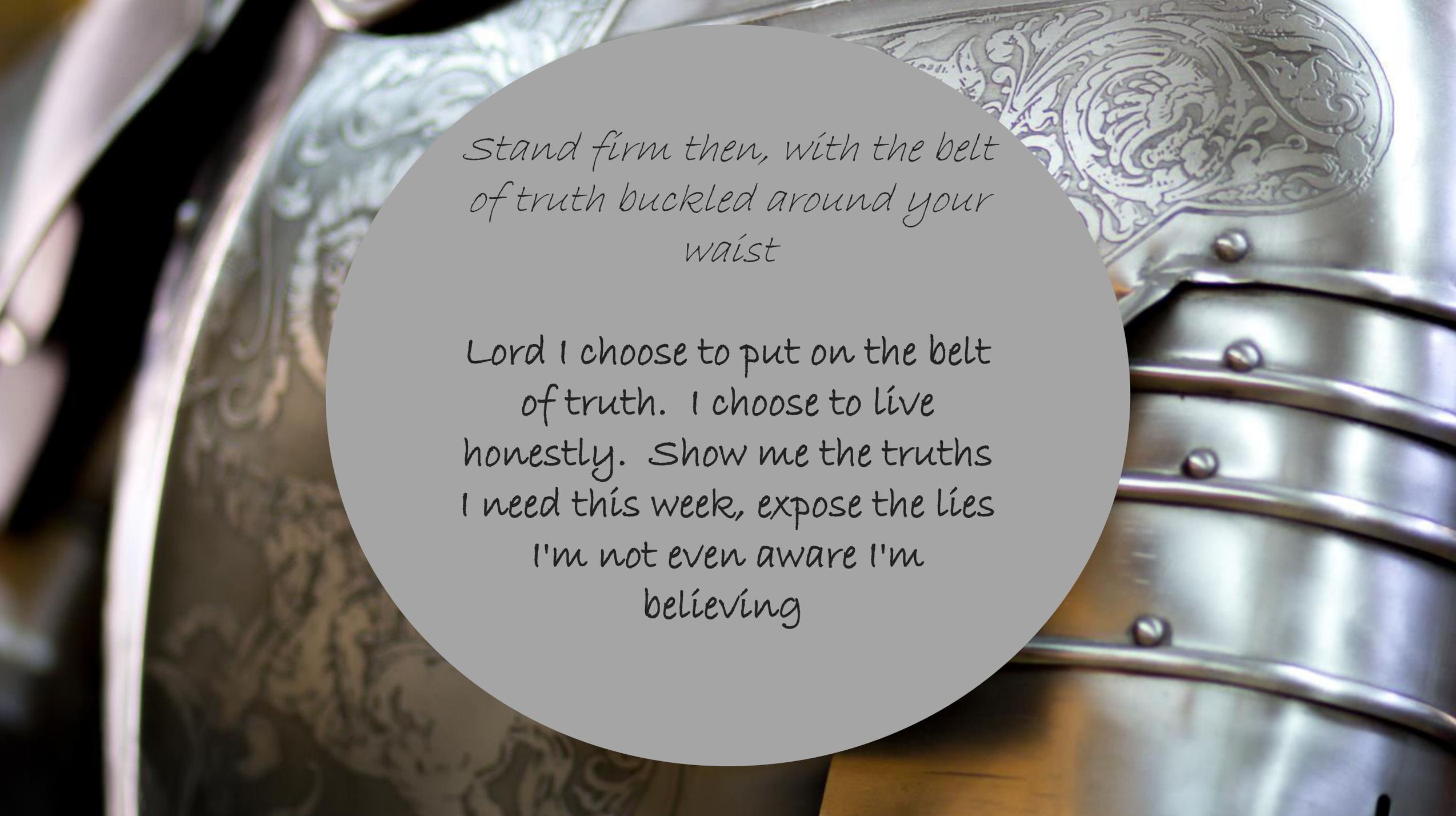


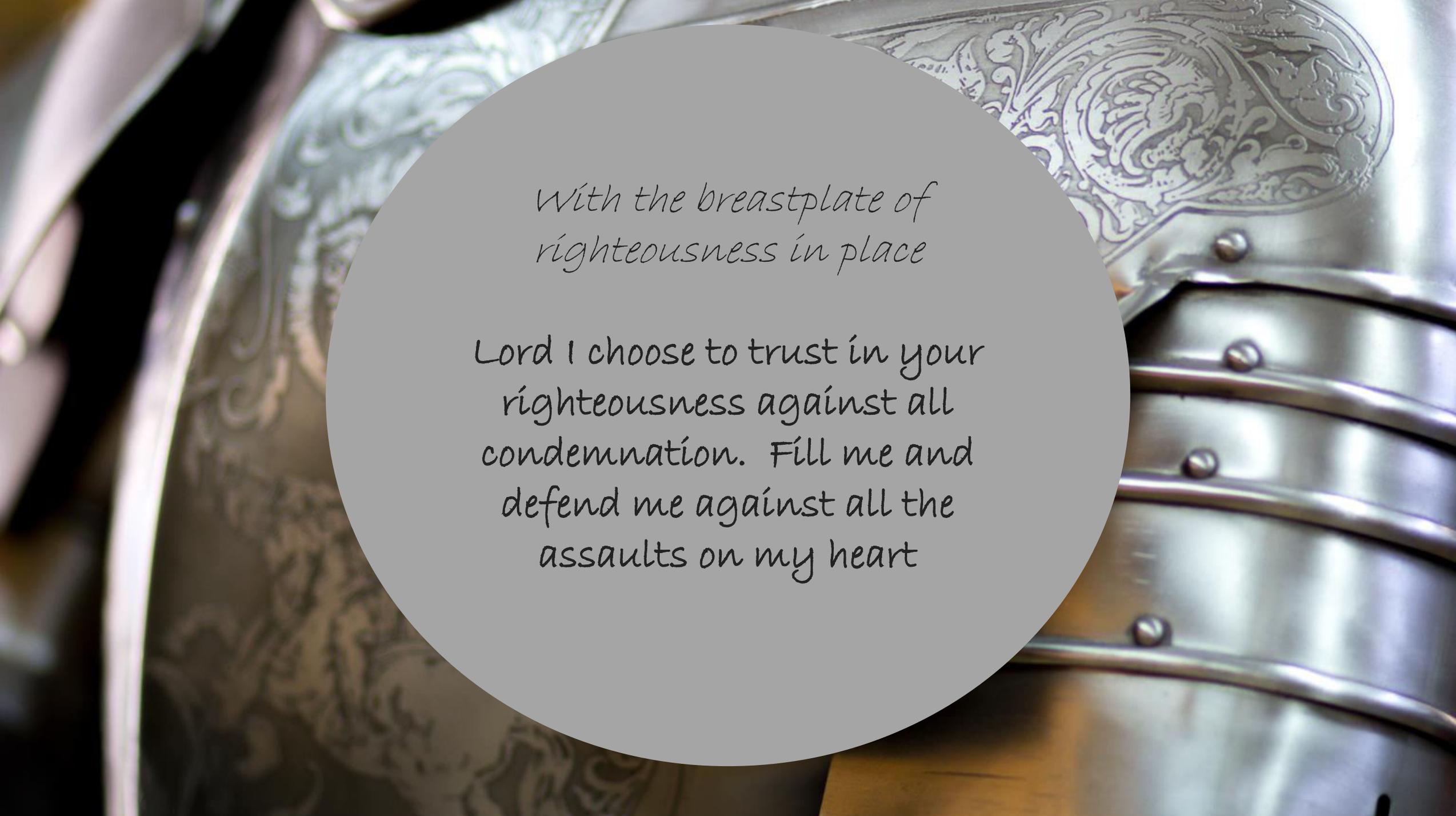
*For our struggle is not against
flesh and blood, but against the
rulers, against the authorities,
against the powers of this dark
world and against the spiritual
forces of evil in the heavenly
realms.*

*Therefore put on the full armour of
God, so that when the day of evil
comes, you may be able to stand
your ground, and after you have
done everything, to stand.*



*Stand firm then, with the belt
of truth buckled around your
waist*

Lord I choose to put on the belt
of truth. I choose to live
honestly. Show me the truths
I need this week, expose the lies
I'm not even aware I'm
believing



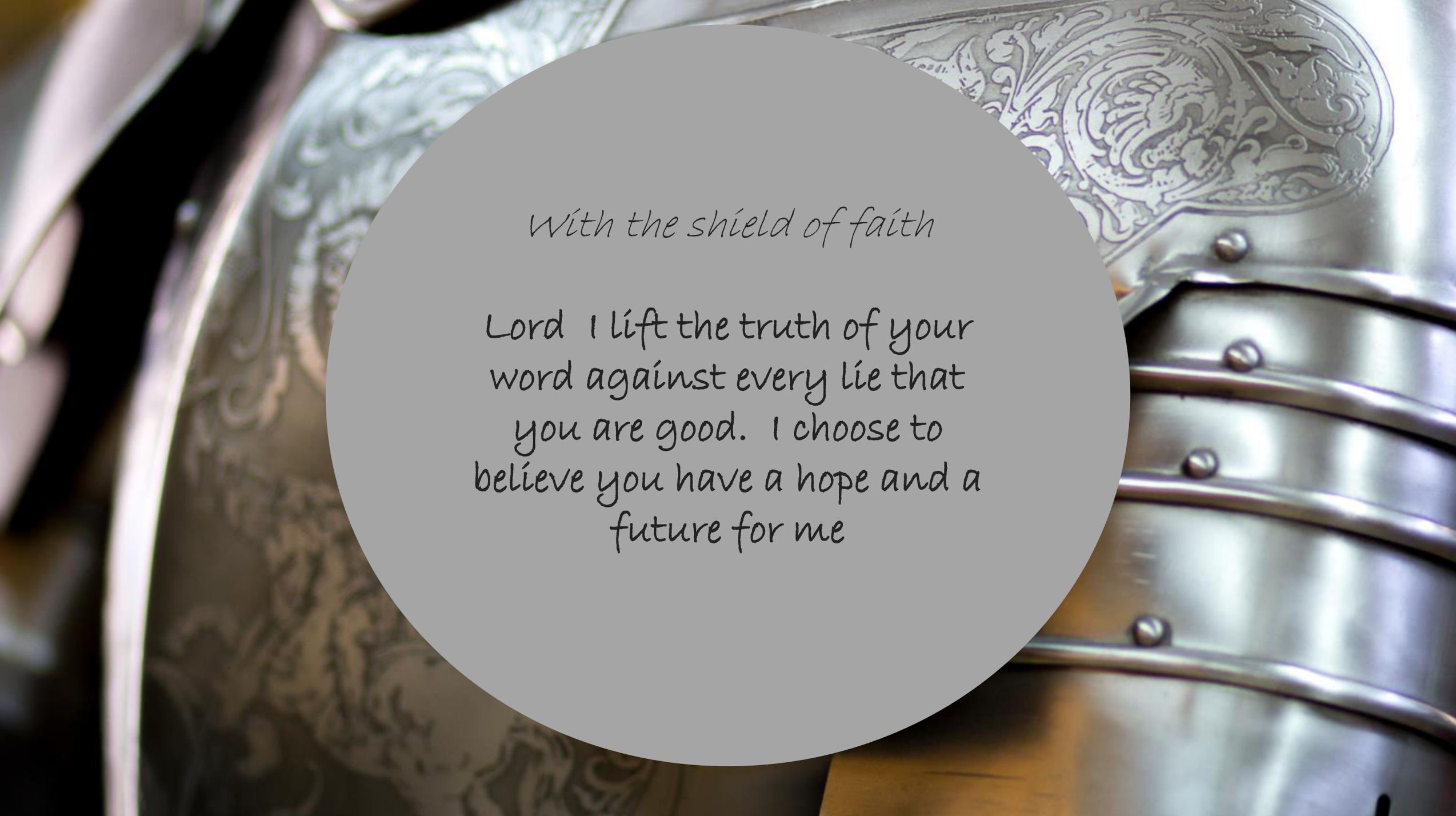
*With the breastplate of
righteousness in place*

Lord I choose to trust in your
righteousness against all
condemnation. Fill me and
defend me against all the
assaults on my heart



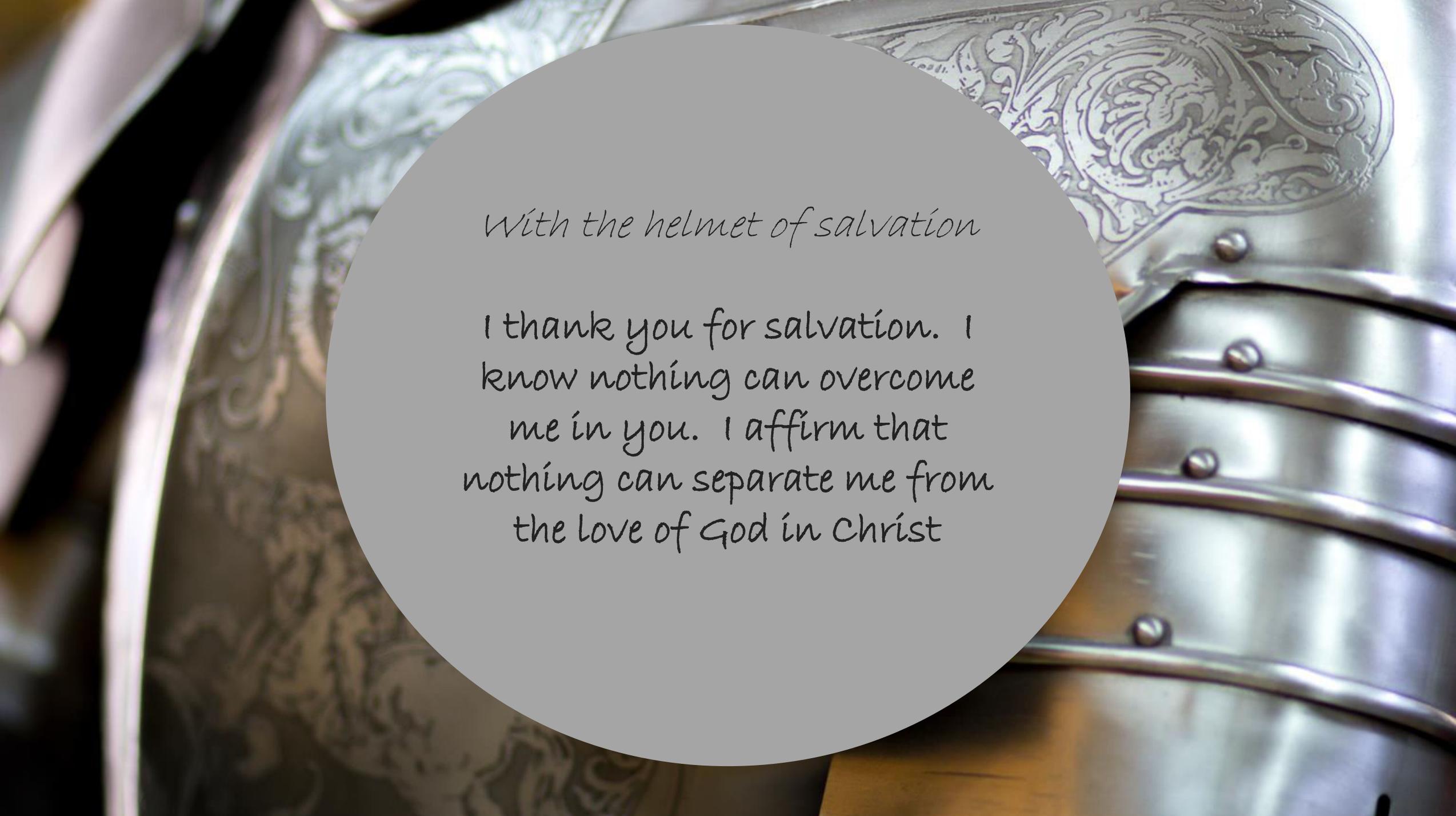
*With your feet fitted with the
readiness that comes from the
gospel of peace*

*I choose to live for the gospel
this week. Show me where you
are working in people's lives. I
choose not to be apathetic and
instead recognize that I am an
agent of your reconciliation*



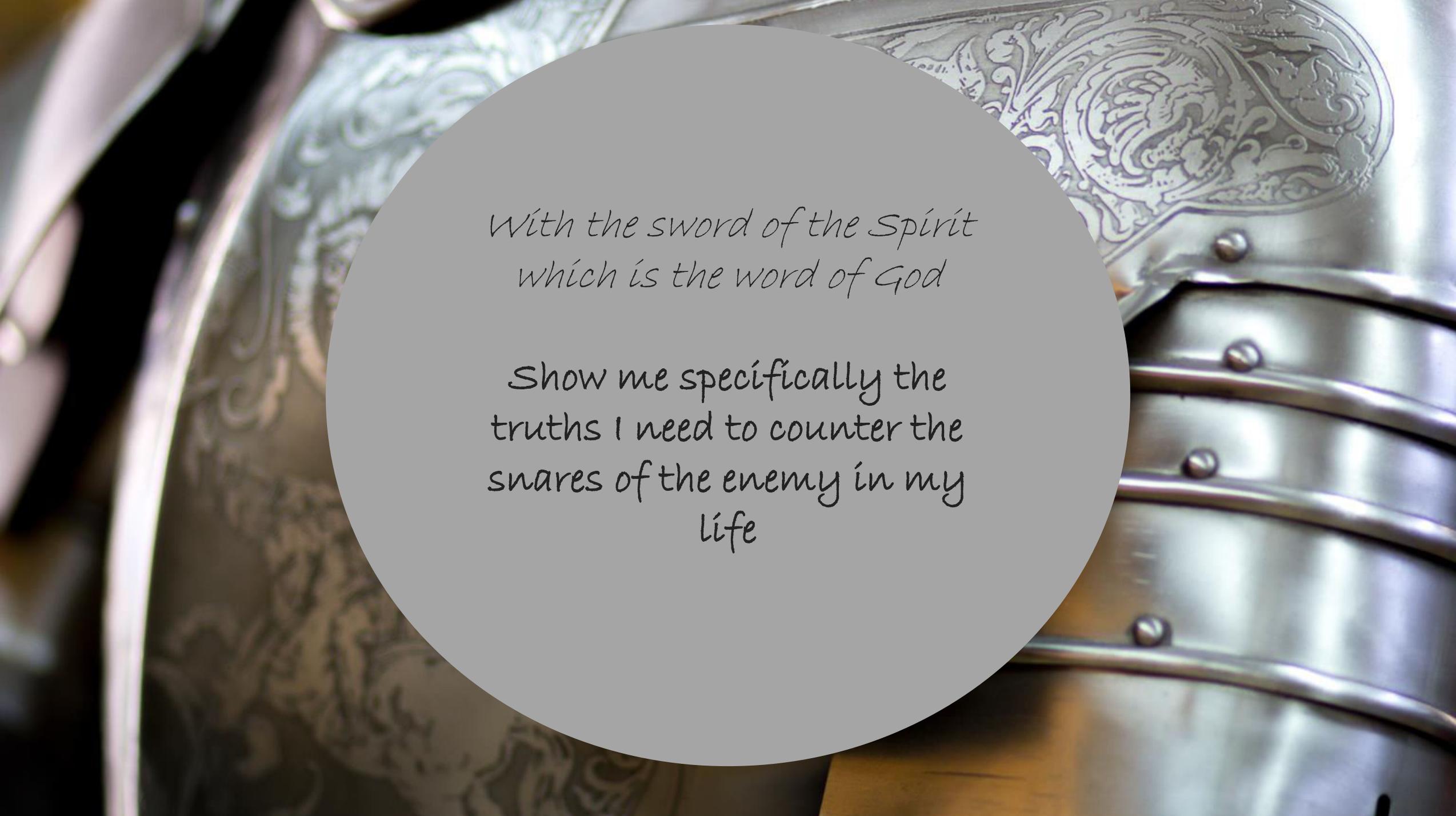
With the shield of faith

Lord I lift the truth of your
word against every lie that
you are good. I choose to
believe you have a hope and a
future for me



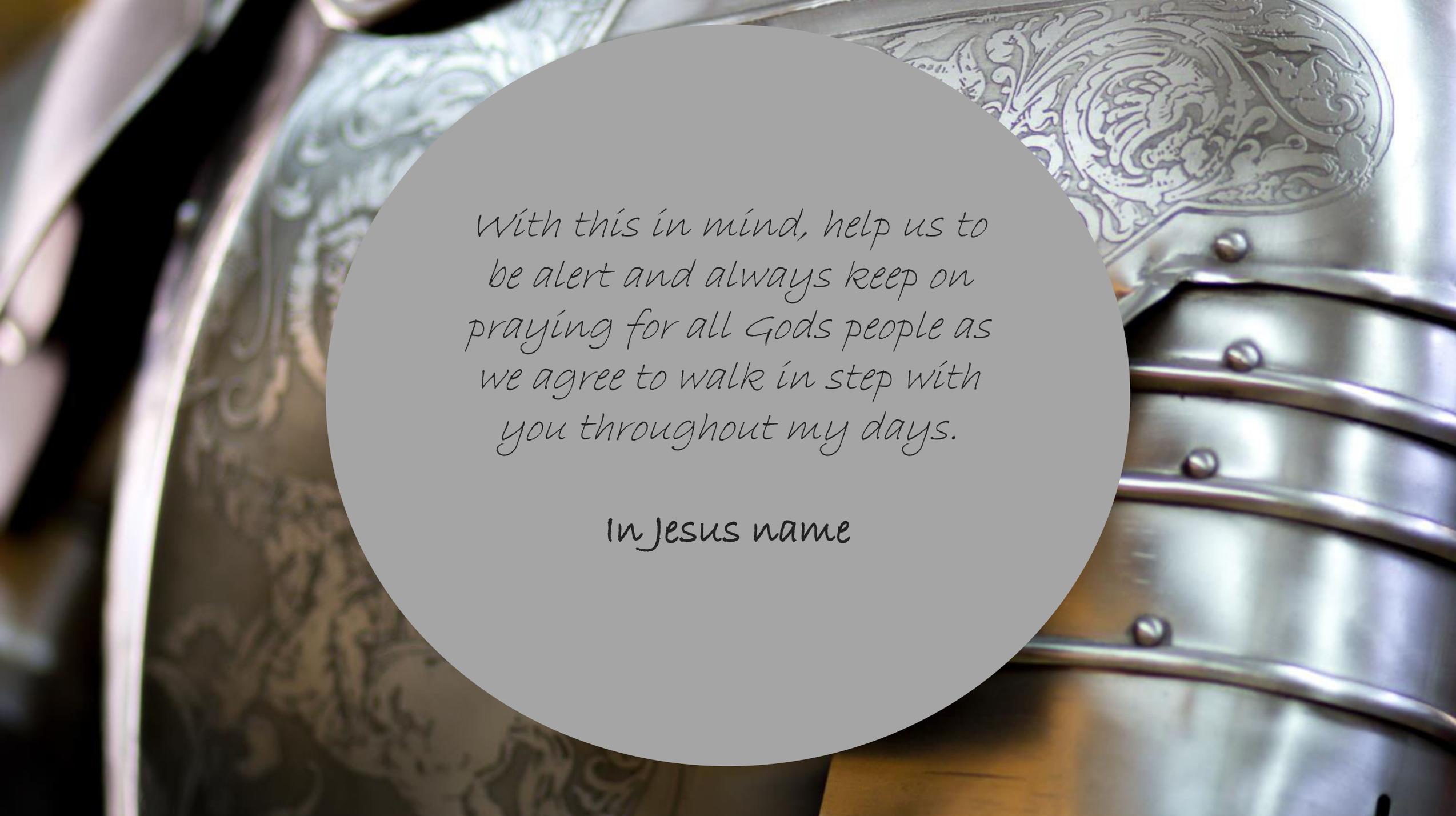
With the helmet of salvation

I thank you for salvation. I
know nothing can overcome
me in you. I affirm that
nothing can separate me from
the love of God in Christ



*With the sword of the Spirit
which is the word of God*

*Show me specifically the
truths I need to counter the
snares of the enemy in my
life*



*With this in mind, help us to
be alert and always keep on
praying for all Gods people as
we agree to walk in step with
you throughout my days.*

In Jesus name