

# Shifting Limiting Beliefs SHAME

YOU CHANGE, THE

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# Shame

Can be caused by

Can lead to

Mistakes

Circumstances

Others' words  
actions

Where we  
come from

Isolation

Hiding  
Running away

Bitterness  
Anger

Self Reliance  
Disobedience

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Beliefs

SHAME



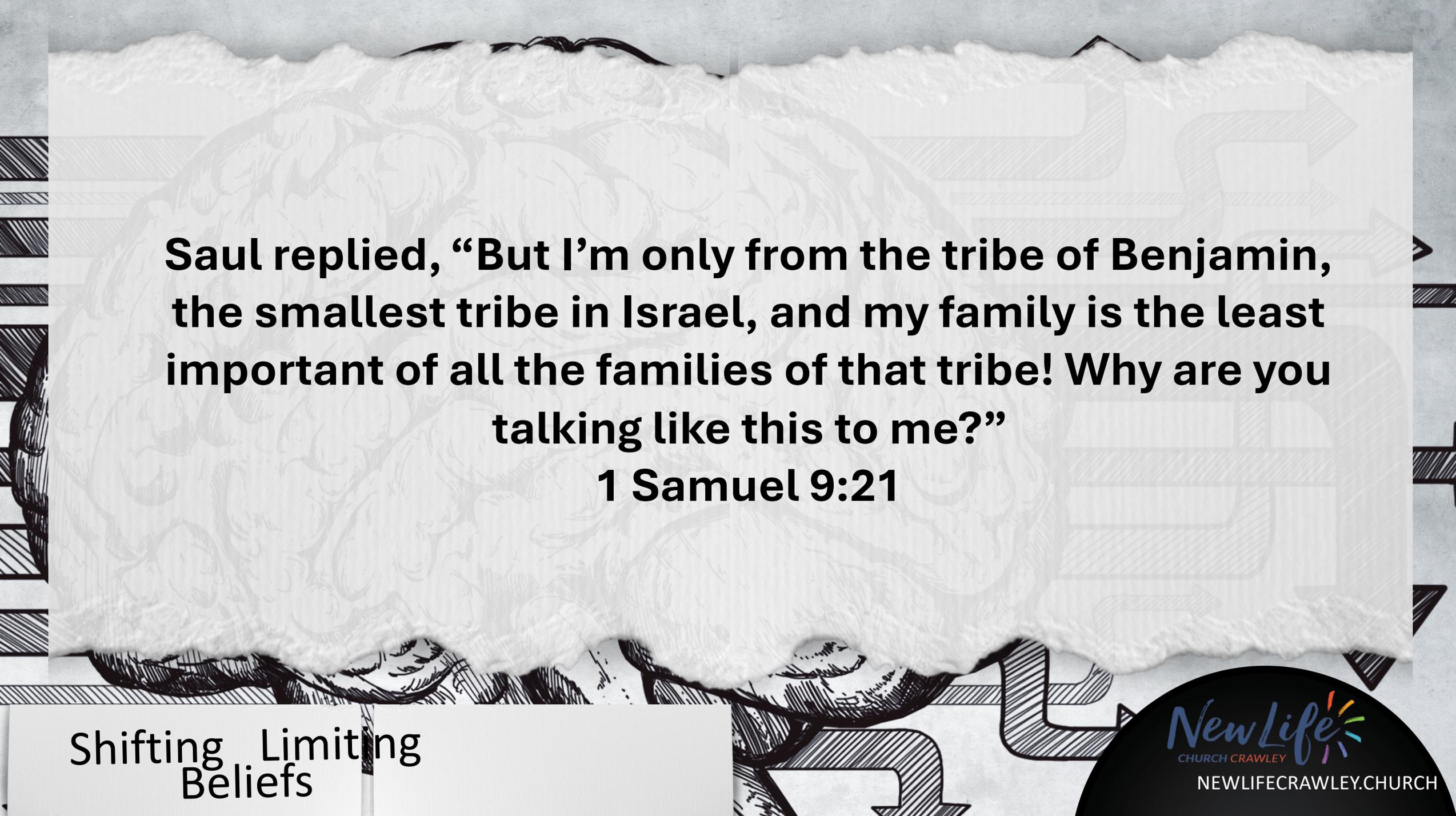
# 1 Samuel 8/9/10

<https://www.youtube.com/watch?v=gF6nvxG-v9o>

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**Saul replied, “But I’m only from the tribe of Benjamin,  
the smallest tribe in Israel, and my family is the least  
important of all the families of that tribe! Why are you  
talking like this to me?”**

**1 Samuel 9:21**

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**God wanted Saul to see that he was IMPORTANT**

**Then Samuel brought Saul and his servant into the hall and placed them at the head of the table, honouring them above the thirty special guests. Samuel then instructed the cook to bring Saul the finest cut of meat, the piece that had been set aside for the guest of honour**

**1 Samuel 9:22/23**

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**God wants us to see that we are IMPORTANT**

**He prepares a feast for me in the  
presence of my enemies**

**Psalm 23:5**

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**God wanted Saul to see that he BELONGED**

*Then Samuel took a flask of olive oil and poured it  
over Saul's head. He kissed Saul and said,*

*"I am doing this because the Lord has appointed  
you to be the ruler over Israel,  
his special possession*

**1 Samuel 10:1**

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# God wants us to see that we BELONG

**By blood, I am Albanian. By citizenship, an Indian. By faith, I am a Catholic nun. As to my calling, I belong to the world. As to my heart, I belong entirely to the heart of Jesus**



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# God wanted Saul to see that he was HOLY

They will greet you and offer you two of  
the loaves, which you are to accept

1 Samuel 10:3

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**God wants us to see that we are HOLY**

**...you are a chosen people. You are royal priests,  
a holy nation, God's very own possession. As a result,  
you can show others the goodness of God, for he called you  
out of the darkness into his wonderful light**

**1 Peter 2:9**

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**God wanted Saul to see that he had His POWER**

**At that time the Spirit of  
the Lord will come powerfully upon  
you, and you will prophesy with  
them.**

**1 Samuel 10: 6**

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**God wants us to see that we have His POWER**

**I pray that you will continually experience  
the immeasurable greatness of God's  
power made available to you through  
faith. Then your lives will be an  
advertisement of this immense power as  
it works through you!**

**Ephesians 1:19-20**

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# Did Saul understand his identity?

But Saul didn't tell his uncle what  
Samuel said about the kingdom.

1 Samuel 10:16

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# Did Saul understand his identity?

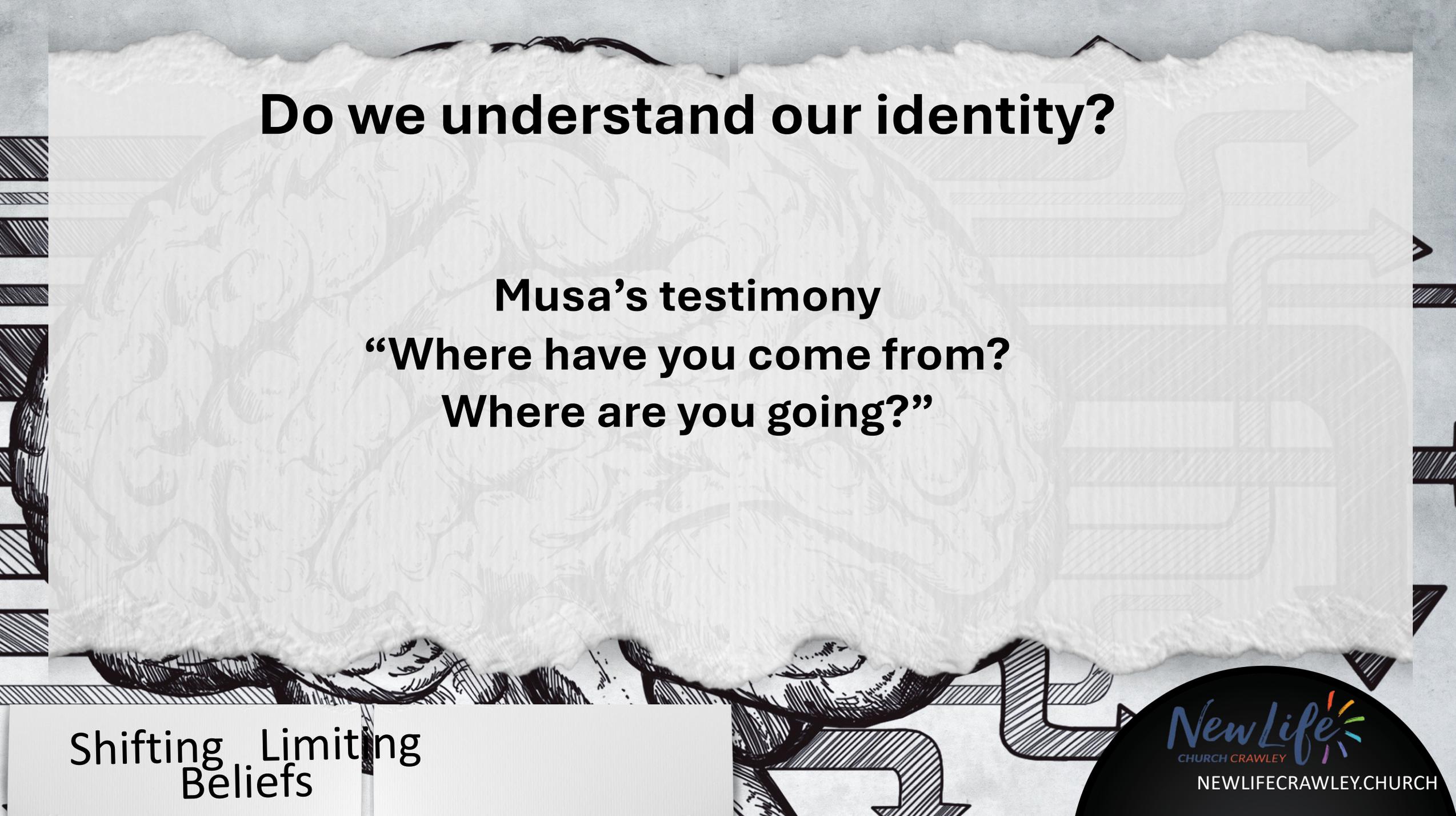
**But when they looked for him, he had disappeared! So they asked the Lord, “Where is he?” And the Lord replied, “He is hiding among the baggage.”**

**1 Samuel 10:21/22**

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**Do we understand our identity?**

**Musa's testimony**  
**“Where have you come from?**  
**Where are you going?”**

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## Communion

**God, I invite your searching gaze into my heart. Examine me through and through; find out everything that may be hidden within me. Put me to the test and sift through all my anxious cares. See if there is any path of pain I'm walking on, and lead me back to your glorious, everlasting way—the path that brings me back to you.**

**Psalm 139:23-24 Passion Paraphrase**

**<https://www.youtube.com/watch?v=Kf9ed6qwlal>**

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