



Shifting Limiting
Beliefs **REJECTION**

YOU CHANGE, THE WORLD CHANGES.

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**“DON'T WORRY IF PEOPLE DON'T
LIKE YOU MOST PEOPLE DON'T
EVEN LIKE THEMSELVES”**

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How do we shift the limiting belief of rejection?

A - ACKNOWLEDGE the reality of rejection

B - BELIEVE you can be free

C - COMMIT to the truth of God

D - DECIDE to move forward

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Rejection is also part of the bible story for real people

- 1. Joseph:** Rejected by his brothers, who sold him into slavery (Genesis 37).
- 2. Moses:** Initially rejected by the Israelites when he first tried to intervene on their behalf (Exodus 2:14).
- 3. David:** Rejected by King Saul, who sought to kill him out of jealousy (1 Samuel 18-19).
- 4. Jeremiah:** Rejected by his own people as a prophet, facing opposition and persecution (Jeremiah 20:1-2).
- 5. Jesus:** Rejected by the religious leaders and many of the people, ultimately leading to His crucifixion (John 1:11, Matthew 27).

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- **Isa 53:3-6** “he was despised and rejected”
- **1 Peter 2:22- 24** “He did not retaliate when he was insulted”

IT IS IMPORTANT TO ACKNOWLEDGE REALITY

- **Romans 4:19-20**

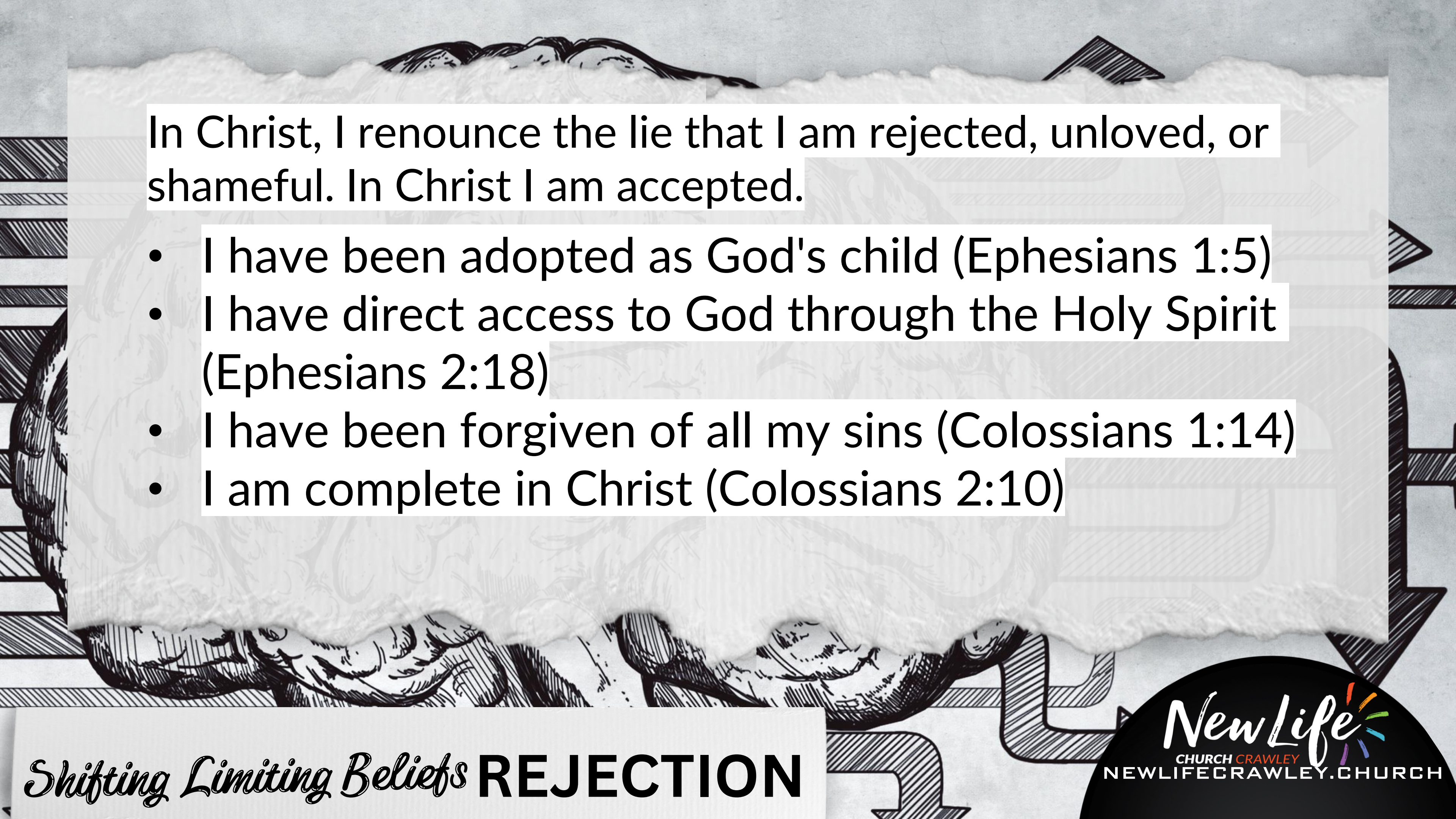
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In Christ, I renounce the lie that I am rejected, unloved, or shameful. In Christ I am accepted.

God says:

- I am God's child (John 1:12)
- I am Christ's friend (John 15:15)
- I have been justified (Romans 5:1)
- I am united with the Lord, and I am one spirit with Him (1 Cor 6:17)

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In Christ, I renounce the lie that I am rejected, unloved, or shameful. In Christ I am accepted.

- I have been adopted as God's child (Ephesians 1:5)
- I have direct access to God through the Holy Spirit (Ephesians 2:18)
- I have been forgiven of all my sins (Colossians 1:14)
- I am complete in Christ (Colossians 2:10)

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CORRECTION ≠ REJECTION

- **Biblically** Heb 12:11 (harvest of righteousness if we are TRAINED by it)
- **Pastorally** Heb 13:17 (open to persuasion & responsive)
- **Just Be Group** - Ministry of presence, acceptance, Mondays at 6pm

Shifting Limiting Beliefs **REJECTION**

How do we shift the limiting belief of rejection?

A - ACKNOWLEDGE the reality of rejection

B - BELIEVE you can be free from
the power of rejection

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Last week quote:

You are going to stay stuck in your past unless you do the work to change it.

● You are not your history.

● You are not your family.

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EVEN IF WE GET REJECTED BY PEOPLE WE CAN LEARN TO TRANSFORM IT. IT DOESN'T HAVE TO BE DESTRUCTIVE.

How and why is that even possible?

**The stone the builders rejected became the cornerstone,
His rejection lead to our salvation**

- **Matthew 21:42, Acts 4:11-12**
- **2 Peter 1:3-4**

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Here's some things you need to believe to help you in your journey shifting the power of rejection in your life

● **BELIEVE YOU ARE LOVED** Song of Solomon 2:4 see also 1 John 3:1

● **BELIEVE HE IS WILLING** Matthew 8:1-4

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Here's some things you need to believe to help you in your journey shifting the power of rejection in your life:

- **BELIEVE YOU ARE SEEN**

PSALM 139 KIDS VIDEO READING

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BELIEVE YOU ARE SEEN

- **Psalm 139**
- **Genesis 16 – the story of Hagar (El Roi, the God who sees)**
- **Jeremiah 1: 5 “Before I formed you... Before you were born”**

Shifting Limiting Beliefs **REJECTION**

A close-up photograph of two hands, one from a person with a darker skin tone and one from a person with a lighter skin tone, held together in a prayerful gesture. The hands are positioned palm-up, with fingers slightly spread, and are set against a dark, textured background. The lighting is soft, highlighting the skin tones and the texture of the hands.

REMOVING SPIRITUAL OBSTACLES

PRAYER MINISTRY NIGHT –

Wed 26th June

CONCLUSION:

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We can apply these five steps in dealing with REJECTION:

1. First you can pour out your soul to the Lord, telling the Lord what you feel about your pain.
2. Then pray to Jesus to bring his healing and perspective into the trauma.
3. Then forgive whoever has hurt you.
4. You can then renounce any fear and other harmful effects of the trauma declaring trust in God.
5. You then confesses and rejects any lies they believed because of the hurt.

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