



Shifting Limiting
Beliefs **REJECTION**

YOU CHANGE, THE WORLD CHANGES.

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH



**GOD DOESN'T FIX OUR PAST,
BUT HE CAN
SET US FREE FROM IT.**

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH



How do we shift the limiting belief of rejection?

A - ACKNOWLEDGE the reality of rejection

B - BELIEVE you can be free

C - COMMIT to the truth of God

D - DECIDE to move forward

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

ACKNOWLEDGE THE REALITY OF REJECTION

Bible Story: rejection is also part of the bible story for real people

Joseph: Moses: David: Jeremiah:

Jesus Isa 53:3-6 *"He was despised and rejected— a man of sorrows, acquainted with deepest grief"*

Shifting Limiting Beliefs **REJECTION**

In Christ, I renounce the lie that I am rejected, unloved, or shameful. In Christ I am accepted.

God says:

- I am God's child (John 1:12)
- I am Christ's friend (John 15:15)
- I have been justified (Romans 5:1)
- I am united with the Lord, and I am one spirit with Him (1 Cor 6:17)

Shifting Limiting Beliefs **REJECTION**

BELIEVE YOU CAN BE FREE FROM THE
POWER OF REJECTION

YOU ARE GOING TO STAY STUCK IN YOUR PAST
UNLESS THE DO THE WORK TO CHANGE IT.

How and why is that even possible?

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

It's possible because His rejection lead to our salvation - Matt 21:42, Acts 4:11-12

BELIEVE YOU ARE SEEN

- **Psalm 139 – knit together in mothers womb**
- **Genesis 16 – the story of Hagar (El Roi, the God who sees)**
- **Jeremiah 1: 5 “Before I formed you... Before you were born”**

Shifting Limiting Beliefs **REJECTION**

How do we shift the limiting belief of rejection?

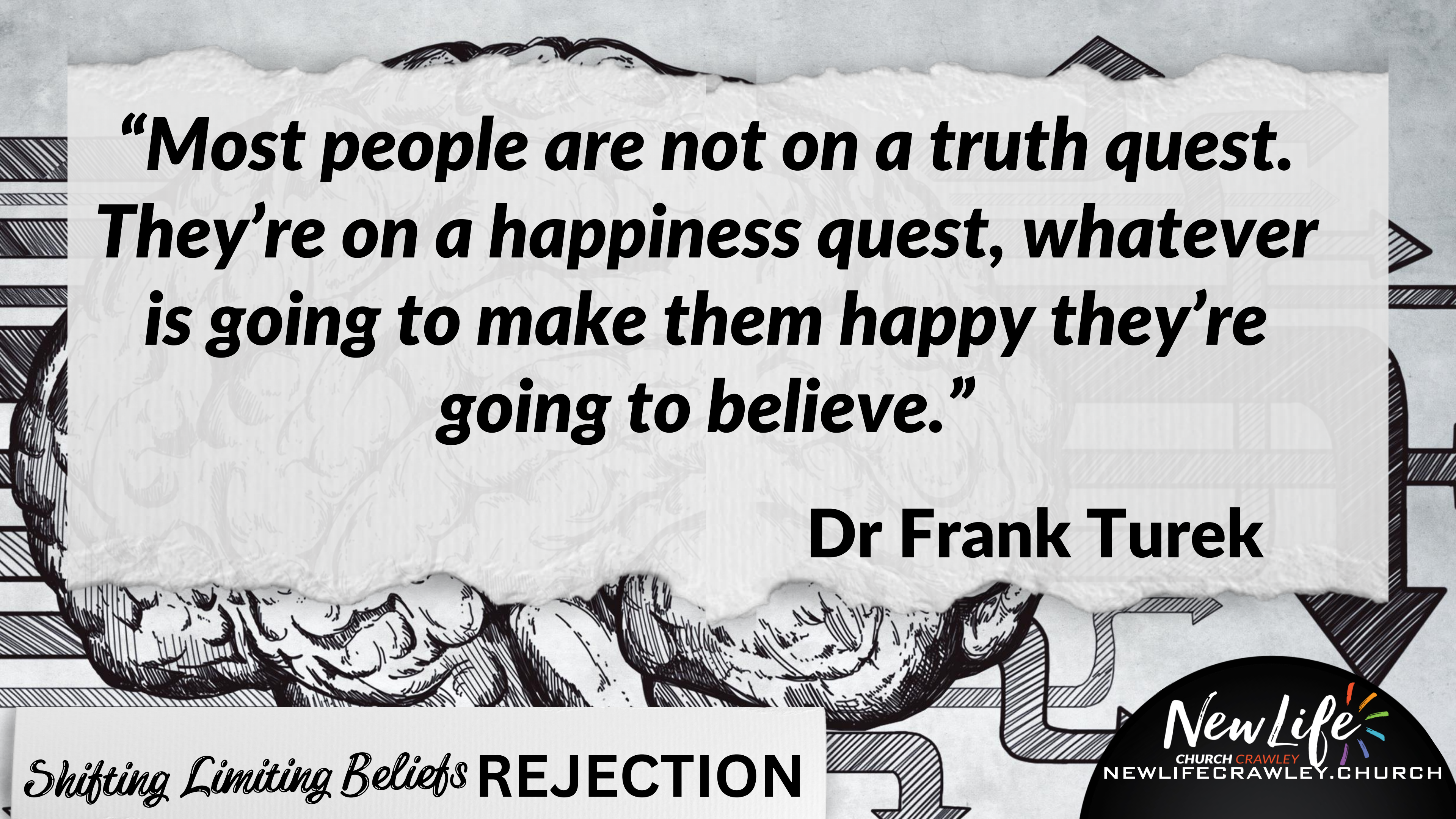
A - ACKNOWLEDGE the reality of rejection

B - BELIEVE you can be free

C - COMMIT to the truth of God

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH



“Most people are not on a truth quest. They’re on a happiness quest, whatever is going to make them happy they’re going to believe.”

Dr Frank Turek

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

Bad Things Do Happen to Good People

Acts 20:27 Paul to the Ephesian Church leaders

"For I have not hesitated to proclaim to you the whole will of God."

Shifting Limiting Beliefs **REJECTION**

1 Thess 5:23 “spirit, soul and body”

Truth to understand, the sequence of psychological events:

- **Previous Life History** - *Determines the intensity of primary emotions*
- **Present Event** - *triggers the primary emotion of an unresolved issue*
- **Primary Emotion** - *fear, anger, resentment, rejection, abandonment*
- **Mental Evaluation** - *the management stage (flight, fight or freeze)*
- **Secondary Emotion** - *the result of our thought process and primary emotion*

Shifting Limiting Beliefs **REJECTION**

Psalm 139:23-24: *"Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way."*

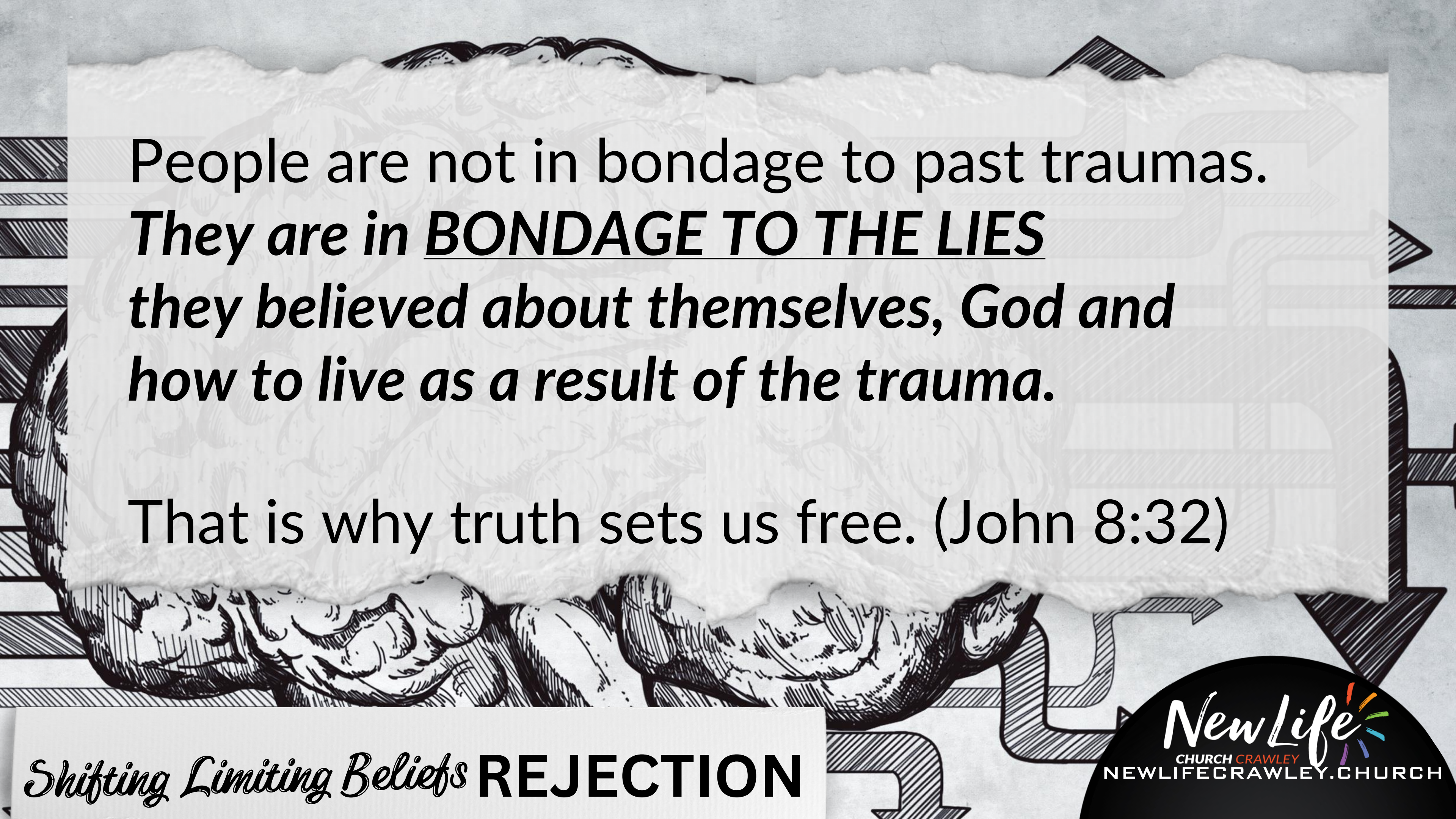
- When we ask God to search our heart, He will expose those dark areas of our past and bring them to light at the right time.
- The Holy Spirit "will guide you into all truth" (John 16:13) and that truth will set us free (see John 8:31,32).

Shifting Limiting Beliefs **REJECTION**

HOW DOES GOD INTEND US TO RESOLVE PAST EXPERIENCES?

FIRST.... By understanding we are no longer a
product of our past. (2 Cor 5:17)

Shifting Limiting Beliefs **REJECTION**



People are not in bondage to past traumas.
*They are in BONDAGE TO THE LIES
they believed about themselves, God and
how to live as a result of the trauma.*

That is why truth sets us free. (John 8:32)

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

Old things, including the traumas of our past, "passed away" (2 Cor. 5:17) they no longer have to define us, we are in a new created order

- We have all been hurt in some way, whether we remain victims is up to us (*not your fault but it is your adult responsibility*)
- We can be transformed by the renewing of our minds (see Rom. 12:2)
- We can crucify the flesh and choose to walk by the Spirit (see Gal. 5:22-25).

Shifting Limiting Beliefs **REJECTION**



**HOW DOES GOD INTEND US TO RESOLVE
PAST EXPERIENCES?**

**SECONDLY.... By seeing those events from
the perspective of our new identity in Christ**

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

This is what starts the process of healing those damaged emotions.

- Eph 4:23-24 “*put on the new man....*”
- Col 3:1-3 “*for you died and your life is now hidden with Christ in God*”

So how do we see from this new perspective?

Shifting Limiting Beliefs **REJECTION**

WE COMMIT TO THE TRUTH OF GOD John 8: 31-32

“if you **HOLD** to my teaching”

“You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free.”

NIV = abide, remain John 15:1-7

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH



HOW DOES GOD INTEND US TO RESOLVE PAST EXPERIENCES?

THRIDLY.... by forgiving those who have hurt you
in the past

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

Why should we forgive those who have hurt us in the past?

- Forgiveness is required by God (*not same as reconciliation*)
- We must base our relationships with others on the same criteria on which God bases His relationship with us: love, acceptance and forgiveness

Matt 6:12 “*forgive our trespasses as we forgive*”

Matt. 18:21-35 parable of unmerciful servant: we ended up tortured

Shifting Limiting Beliefs **REJECTION**

How do we shift the limiting belief of rejection?

A - ACKNOWLEDGE the reality of rejection

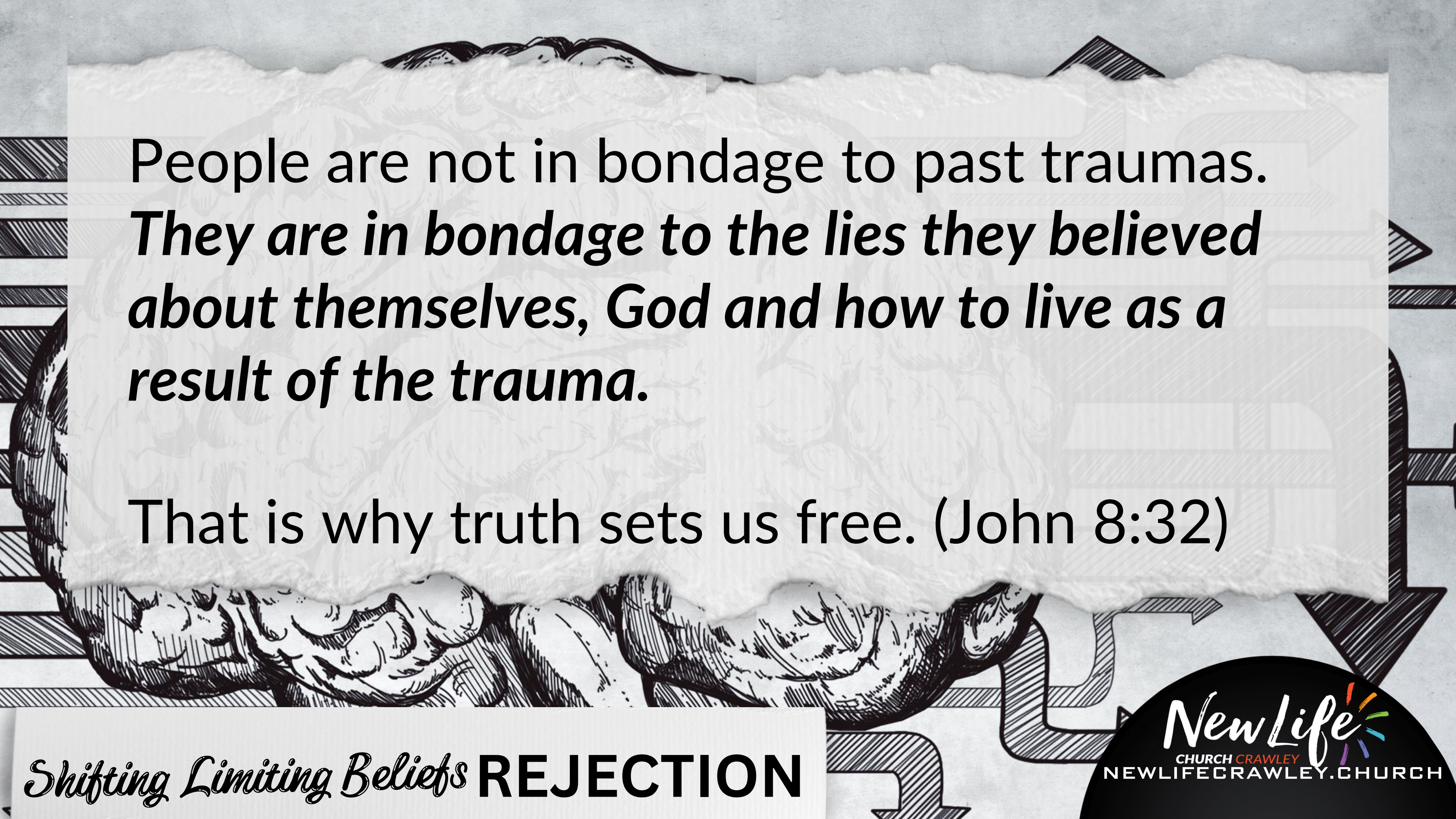
B - BELIEVE you can be free

C - COMMIT to the truth of God

D - DECIDE to move forward

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH



People are not in bondage to past traumas.
***They are in bondage to the lies they believed
about themselves, God and how to live as a
result of the trauma.***

That is why truth sets us free. (John 8:32)

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

A close-up photograph of two hands, one from a person with a darker skin tone and one from a person with a lighter skin tone, held together in a prayerful gesture. The hands are open, palms facing each other, and are positioned in the center of the frame. The background is dark and out of focus, suggesting an indoor setting. A semi-transparent dark grey rectangular box is overlaid on the upper portion of the image, containing white text.

REMOVING SPIRITUAL OBSTACLES

PRAYER MINISTRY NIGHT –

Wed 26th June

How do you decide to move forward for yourself:

- In a world of “glamorous big breakthroughs”, it's easy to overlook the significance of small, steps of victory along the way.
- The truth is, most of our progress is made in the mundane, everyday actions that often go unnoticed and uncelebrated.
(TRAINING NOT TRYING)
- But it is, progress is happening:
Exodus 23:29-30, Psalms 37:23-25, Proverbs 4:12

Shifting Limiting Beliefs **REJECTION**

Jesus asked around 307 questions, some related to healing in the Gospels:

1. Matthew 9:28: "Do you believe that I am able to do this?"

(Asked to the blind men seeking healing)

2. John 5:6: "Do you want to get well?"

(Asked to the invalid at the Pool of Bethesda)

3. Mark 10:51: "What do you want me to do for you?"

(Asked to Bartimaeus, the blind beggar)

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH

QUESTION I'M ASKING YOU TODAY:

- What do you **REALLY** want?
- Do you want to become healthy?
- Do you want to move past limiting beliefs in your life?

Shifting Limiting Beliefs **REJECTION**

**John 14:30 “prince of this world is coming, He has nothing in me”
NKJV**

- **NIV “the prince of this world is coming. He has no hold over me”**
- **Nothing = “ouden” powerful conjunction word that rules something out by definition, i.e. "shuts the door". It is objective and leaves no room for exceptions.**

Shifting Limiting Beliefs **REJECTION**

CONCLUSION:
OPPORTUNITY FOR PRAYER MINISTRY
to shut the door.

A - ACKNOWLEDGE the reality of rejection

B - BELIEVE you can be free

C - COMMIT to the truth of God

D - DECIDE to move forward

Shifting Limiting Beliefs **REJECTION**

To bring freedom from trauma, lies and REJECTION, we can apply these five steps:

1. First you can pour out your soul to the Lord, telling the Lord what you feel about your pain.
2. Then pray to Jesus to bring his healing and perspective into the trauma.
3. Then forgive whoever has hurt you.
4. You can then renounce any fear and other harmful effects of the trauma declaring your trust in God.
5. You then confesses and rejects any lies they believed because of the hurt.

Shifting Limiting Beliefs **REJECTION**

NewLife
CHURCH CRAWLEY
NEWLIFECRAWLEY.CHURCH